# **The Greenwise Gazette**

Tending to Creation at Immanuel Anglican Church, Regina

#### Our Vision: 'Care passionately for creation and advocate for the needs of the earth'



The picture on the left is from 2021, when our native/ pollinator garden was just a possibility. On the right is our garden at the end of September this year .... About 50 feet of native garden planted and thriving, attracting butterflies and bees. There are power and telephone cables buried in the centre of the channel, so we can't plant there.

In 2023 we didn't have too much time to weed and take care of the garden, so we've decided that 2024 will be devoted to properly identifying the plants, to make weeding easier.

# Waste Reduction Week October 16 – 22, 2023

Waste Reduction Week has become part of a larger event, <u>Circular Economy Month</u>. Waste Reduction is

a key component of a Circular Economy. The week itself, with its theme days and activities, is a focal point for highlighting waste reduction. Each day of the week has its own waste-related theme including Textiles, E-Waste, Plastics, Food Waste, and more.

Join the other concerned Canadians planning activities that promote waste-free households, workplaces, schools, and communities.

Read more at Saskatchewan Waste Reduction Council <u>HERE</u>



A Repair Cafe is a pop-up, one day event where the public can bring in household items to be fixed for free by volunteers. With the help of volunteers that will be offering their knowledge and skills, Repair Cafés encourage us to consider repairing items rather than throwing them away.

The Repair Café in Regina is **OCTOBER 21** at the Mâmawêyatitân Centre - 3355 6th Ave. They are looking for all kinds of volunteers – people who have skills in repairing small electronics, computers, clothes and textiles, bicycles, as well as general help.



Email meg@swrc.ca or go to this LINK

We acknowledge that we are on Treaty 4 territory, the original and traditional lands of the Nehiwayak (Cree), Saulteaux, Assiniboine and Metis Nations. We respect and honor the Treaties that were made on all territories; we acknowledge the harms and mistakes of the past; we are committed to moving forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.



### Warm Hearts – Jacket Repair Project

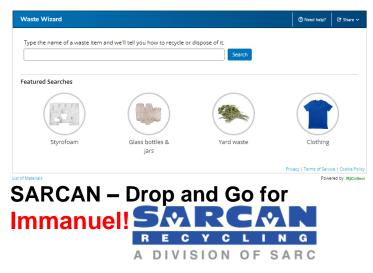
This project has been running since 2021, and has been very successful so far. Winter jackets are repaired and then donated to local community organizations.

The Saskatchewan Waste Reduction Council who run the project are currently looking for volunteers who are able to repair jackets in Regina. To volunteer, please email meg@swrc.ca.

Keep your jackets that need a little repair to be donated – details about the 2023 -24 program will be announced October 17<sup>th</sup>. Check the website at this link: <u>warm-hearts-jacket-repair-project</u>



Check this Waste Wizard out at the city of Regina site: regina.ca -food-yard-waste



The code is our phone number 3065864420

# **Interesting Podcast**

Did you know that the average American throws away 80 lbs of clothing per year? That's right – throw away, not donate. If all that clothing was recycled instead of discarded the impact is greater than all plastic and glass recycling combined.

This podcast is with Garik Himebaugh who helps men find clothes that look good while also sharing knowledge about sustainable buying habits, recycling your clothes, and much more.

http://sustainablelivingpodcast.com/sustainable-fashion/

Also check out this link for Sustainable Fashion 101... with lots of great information about what sustainable fashion is and why it's important. The problem: Fast Fashion - strives to make trendy clothes as quickly and as cheaply as possible. While shoppers enjoy the wide selection of inexpensive items, there are a lot of hidden costs.

What the heck is sustainable fashion? <u>YouTube -</u> <u>Sustainable Fashion</u>

### Life Cycle of a T-Shirt

Check out this video: Life cycle of a t-shirt

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